



TCMS Menu



January 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Salad Shakers available daily at lunch.</p> <p>Assorted Fruit & Milk available daily at breakfast & lunch.</p> <p>Assorted cereal, cereal bars and juice available daily at breakfast.</p>				
<p> Grab & Go Menu available at Lunch </p> <p>PBJ Combo and Ham & Cheese Combo plates available daily.</p> <p>Salad Combo: Monday/Wednesday/Friday- Crispy Chicken Salad, Tuesday/Thursday- Chef Salad</p>				
8 PANCAKES Teriyaki Chicken w/ Rice Pizza / Marinara Sauce Vegetable Spring Roll Whole Kernel Corn Stir-Fry Vegetables	9 SAUSAGE BISCUIT Fish Sandwich / Side Winders Beef & Cheese Nachos Black Beans & Yellow Rice Lettuce & Tomato Cup Sour Cream / Salsa Veggie Cup	10 BREAKFAST PIZZA Spicy & Regular Chicken Sandwich Baked Spaghetti Garlic Breadstick Tuscan Vegetables Waffle Fries Carrot Dippers	11 MANAGER'S CHOICE BBQ Totchos Hamburger & Cheeseburger Lettuce/Tomato/Pickle Mac & Cheese Tater Tots Baked Beans	12 PANCAKE PUP Hot Dogs / French Fries Hamburger Steak & Gravy Biscuit Mashed Potatoes Green Beans Veggie Cup Treat
15 MLK Holiday No School	16 APPLE CINNAMON TOAST Pizza / Marinara Sauce Soft Tacos Refried Beans Mexicali Corn Lettuce & Tomato Cup Sour Cream / Salsa Veggie Cup	17 MUFFINS Breaded Chicken / Cornbread Spicy & Regular Chicken Sandwich Collard Greens Black Eyed Peas Carrot Dippers Waffle Fries Lettuce/Tomato/Pickle	18 CHICKEN BISCUIT Meaty Chili / Crackers Boneless Hot Wings Texas Toast French Fries Carrot & Celery Sticks Side of Cheese & Sour Cream	19 PANCAKE PUP Vegetable Soup/Grilled Cheese Hamburger & Cheeseburger Lettuce/Tomato/Pickle Potato Wedges Veggie Cup Treat
22 PANCAKES General Tso's Chicken w/ Rice Pizza / Marinara Sauce Vegetable Spring Roll Whole Kernel Corn Stir-Fry Vegetables	23 SAUSAGE BISCUIT Meatball Sub / Side Winders Chicken & Cheese Nachos Black Beans & Yellow Rice Lettuce & Tomato Cup Sour Cream / Salsa Veggie Cup	24 BREAKFAST PIZZA Spicy & Regular Chicken Sandwich Lasagna Garlic Breadstick Roasted Broccoli Waffle Fries Carrot Dippers	25 WAFFLES Corn Dogs / French Fries Hamburger Steak & Gravy Homemade Rolls Mashed Potatoes Green Beans Veggie Cup	26 CINNI MINIS BBQ Pork / Texas Toast Hamburger & Cheeseburger Lettuce/Tomato/Pickle Mac & Cheese Tater Tots Baked Beans Treat
29 MUFFINS Chicken & Waffles Potato Wedges Carrot Dippers Broccoli Salad	30 SAUSAGE BISCUIT Chicken & Rice / Roll Soft Tacos Refried Beans Lima Beans Mexicali Corn Lettuce & Tomato Cup Sour Cream / Salsa	31 YOGURT & GRAHAMS Teriyaki Chicken w/ Rice Pizza / Marinara Sauce Vegetable Spring Roll Stir-Fry Vegetables Veggie Cup	Feb. 1st CHICKEN BISCUIT Meaty Chili / Crackers Boneless Hot Wings Texas Toast French Fries Carrot & Celery Sticks Side of Cheese & Sour Cream	Feb. 2nd PANCAKE PUP Chili Cheese Fries <i>Brunch for Lunch</i> Scrambled Eggs / Sausage Biscuit / French Toast Sticks Hashbrown Patty Veggie Cup Treat

Menu subject to change based on food availability.

This institution is an equal opportunity provider.